

**Sihan**

**DAN-HORIA CHINDA,**

**Kyoshi / Sifu**

2381 SW 34<sup>th</sup> Way

Fort Lauderdale, Florida, 33312, USA

954-3022846

Owner and Founder of **the Chinda Institute International**  
**For Mind-Body and Spirit Development**

1425 Babcock Boulevard, Pittsburgh, PA 15209

Email: [master@chindadojo.org](mailto:master@chindadojo.org)

[danhoriachinda@yahoo.com](mailto:danhoriachinda@yahoo.com)

Web site: [www.chindadojo.org](http://www.chindadojo.org)

### **CREDENTIALS:**

-7 Dan Shotokan Karate Do, 7 Dan Ju-Jitsu, 4 Dan Kendo, 2 Dan Aikido, 1 Dan Judo  
1 Dan Wado-Ryu, Chi Kung and Tai Chi Chuan Sifu, Grandmaster WKUHOF.

-Multiple times inducted in World Karate Union Hall of Fame:

-2008, **“Most Distinguished Board Member of the Year”**.

-2008, **“Golden Lifetime Achievement Award of Honor”**

-2006, **“Grandmaster of the Year Tai Chi”**

-2005, **“Founder of the Year Romanian Martial Arts”**

-2000, **“Lifetime Achievement Award of Honor”**, for contributions to Karate and  
Tai-Chi Chuan development.

-Certified Master by Budo Studien Kreiss, Germany. See:

<http://www.budostudienkreis.de/intro/infos-bsk/lehrer-des-bsk-ubersicht/>

### **EXPERIENCE:**

-October 2012, started an ongoing TV Show at the local TV Station “STII TV”,  
Targu Mures, Romania, exploring the Mind-Body and Spirit complexity in the daily  
life, offering basic Healing Chi Kung and Tai Chi Chuan exercises as well as  
theoretical and philosophical guidance as well as talk shows with special guests. See  
the shows on youtube at:

<https://www.youtube.com/channel/UCJYXqL3kP9ZmDFad4AdzTUQ?feature=watch>

or search youtube at Dan Horia Chinda

-2012 relocated to Romania, after three decades of being away. In process of opening  
the HQ of the Chinda Institute International in Targu Mures, where will be offered  
the entire experience Shihan had gained, from martial arts and meditation, to  
traditional far east arts as Bonsai and Japanese pottery.

-2007, Relocated in San Miguel de Allende, Mexico and opened Mexican branch of  
the Chinda Institute International, with teaching Chi Kung and Tai Chi Chuan as well  
as founded the Kendo Chinda Dojo, San Miguel de Allende. The Kendo Dojo  
continues under Jesus Herrera, a CII Sempai.

-2003 Moved to Florida, Fort Lauderdale, where had opened a CII branch, with Chi Kung and Tai-Chi Chuan, Karate-Do, Ju-Jutsu and Kendo. The Dojo's activities are continued in Fort Lauderdale by Sensei Raul-Eugen Chinda.

-1991- founded The Chinda Institute International for Mind-Body Development, Pittsburgh, PA, a US continuation of the Sakura Ki Society, the German branch continued as a section of CII. Study classes in: Shotokan Karate Do, Ju-Jutsu, Kendo, Kids Self-defense, Chi Kung, Tai Chi Chuan, Nei Kung, Tao and Zen Meditation, Bonsai, Sogetsu Ikebana, Zen and Art.

The CII Branch in Pittsburgh continues with Kendo and Tai Chi Chuan Instructions, represented by CII sempai Nicholas Novaleski

-1999, 96, 95, 94, 93, 92, and 91, Summer seminars in Europe (Germany and Romania) for Tai Chi Chuan, Chi Kung, Shotokan Karate Do, Ju-Jutsu and Kendo.

- Tai-Chi monthly workshops at Borders Bookstore, Mc Knight Rd, Pittsburgh, with emphasis on health, relaxation, self-discipline and soft self defense.

-1998, at Hampton High School, Keystone Educational Enrichment Program, self defense workshop, with theoretical, psychological and practical aspects of self-defense in real life.

-1997, 96,94, at St. Edmund's Academy, Pittsburgh, Self-defense and Tai Chi classes for the "Summer Academy for Creative and Talented Youth". Director Sharon L. Miller.

-Offered Self defense, Tai Chi and relaxation workshops at The Art institute of Pittsburgh.

**-1994- founded the German branch of the Chinda Institute in Biberach a der Riss, for Tai Chi, Chi Kung and Kendo.** The branch activities are continued in Biberach by Michael Schulz, a CII Sifu.

-1995- founded the Romanian branch of the Chinda Institute in Odorheiu Secuiesc, Transilvania., represented by Kovacs Zsigmond.

-1991-Seminars for tai Chi, Chi Kung in Community College Allegheny County, South Campus Pittsburgh and Pittsburgh Center for the Arts.

**-1988- 90 Founded Sakura Ki Society, e.v. Biberach, Germany,** having Tai-Chi, Ju-Jutsu and Shotokan Karatedo sections.

-1988- 90 Volkshochschule (Community College) Biberach, Bad Buchau and Aulendorf, Germany, Taught classes in Karate-Do, Ju-Jutsu, Tai-Chi and Chi Kung, Nei-Kung, Do-In, Tao and Zen meditation, Autogenic Training.

-1988-89 Bensheim, "Werner Lindt Karateschulle", Germany, Karate, Tai-Chi and Chi Kung seminars.

-Kiml glaciers, Austrian Alps, one week Black Belts Karate and Chi Kung seminar.

-1989 Member in Budo Studien Kreis, Bensheim and the CII becomes part of the BSK schools. See:

<http://www.budostudienkreis.de/intro/infos-bsk/bsk-schulen/>

-1985-87 The Romanian Government declared illegal practicing any forms of Martial Arts. Selecting the best and devoted karatekas, the Dojo continued to act, underground, in his personal Dojo, located in his house basement.

- 1982 Founded the TIM-SHO, official karate club belonging to El-tim's Company Sport organization, Timisoara.

- 1979 obtains Sho-Dan in Shotokan Karate-Do with Shihan Rolland Habersetser, France
- 1978 obtains the Sho-Dan in Ju-Jutsu, with Sensei Frank Piaskovy, Germany, and recognized by the Deutsche Dan Kollegium, Renshi Peter Nehls.
- 1974-82 Founded and leading the first official University Student's Dojo in Romania, in the University Center Timisoara, known as C.S.T.B. (Centrul Studentesc Timisoran Budo)** under the patronage of Master Rolland Habersetser, Centre Renan Budo, France. Sections for Shotokan Karatedo, Ju-Jutsu, Aikido, Kobudo and later tai-Chi.
- 1973 founded the first official registered Karate and Ju-Jutsu Club in Romania, at Electrometal, Timisoara.** The Ju-Jutsu under the guidance of Master Peter Nehls and Frank Piaskovy, Germany.
- One of the Romanian Martial Arts Pioneer in the 70's, among others like: Florentin Marinescu, N. Bialocour, H. Popovici, Mihai Cioroianu, Dan Marcu, Dan Deac, and others.**
- 1970 Started Shotokan Karate
- Started martial arts in the mid 50's, studying Jiu-Jitsu with his Father.
- 1965, started Judo, achieved 1 kyu.

## **PROFESIONAL BACKGROUND:**

Masters Degree in Architecture and Environmental Design

PhD in Architecture

Postgraduate in Ergonomics

Professor of Design and Architecture, USA.

Author of several Design books and other publications in Design, Architecture and Aesthetics area.

Active participant in many National and International professional Congresses.

Militant for a better design and a more responsible consumer society, through the design strategies.

## **PUBLICATIONS:**

- “Tai Chi Chuan, the Way to Meditation in Movement”, 1988, Biberach, Germany.
- “Pa Tuan Chin, the Chinese Health Method”, 1989, Biberach, Germany.
- “Do-In”, the Old Chinese Self massage”, 1990, Biberach, Germany.

## **VIDEOTAPES/ DVD's:**

- “26 Shotokan Karate Katas”, Biberach, Germany, copyright 1988.
- “Tai Chi Chuan and Pa Tuan Chin”, Biberach, Germany, copyright 1989.
- “Pa Tuan Chin for Health and Beauty”, Pittsburgh, PA, copyright 1991.
- “Tai Chi Chuan-A Way to Personal Power”, Pittsburgh, PA, copyright 1991.
- Volume I: Wai –Dan Chi Kung, Pittsburgh, PA, copyright 1995
- Volume II: Yang Tai-Chi Chuan Short Form, Pittsburgh, PA, copyright 1995.

- Volume III: Yang Tai-Chi Chuan Long Form, Pittsburgh, PA, copyright 1995
- Volume IV: Pushing Hands, Pittsburgh, PA, copyright 1995.
- Volume V: Broadsword Form, Pittsburgh, PA, copyrights 1995.
- Volume VI: 26 Shotokan Karate Katas, Pittsburgh, PA, copyright 1995.

The Chinda Institute International for Mind-Body Development is dedicated to presenting instructions in martial arts, energy cultivation, meditation and other Far Eastern techniques, in a traditional, non-competitive atmosphere.